

## Year 6 activities week beginning 29.6.20

**Mindfulness** – Lay somewhere quite. What 5 things do you notice? What can you hear? What can you feel?

**Physical activity** – How many squats, burpees and push ups can you do in 1 minute? Count how many of each activity you can do each day. Can you improve your score by the end of the week?

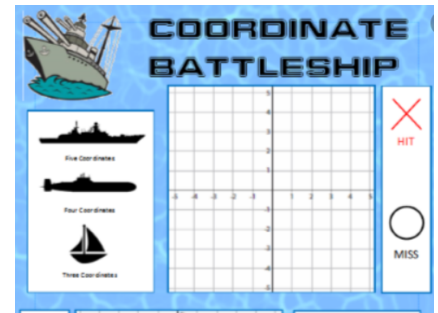
| Spellings   |              |
|-------------|--------------|
| referring   | referred     |
| referral    | preferring   |
| preferred   | transferring |
| transferred | reference    |
| referee     | preference   |

Have a go at playing battleship co-ordinates by drawing a square grid on a piece of paper. Use the following link with the instructions.

<https://www.youtube.com/watch?v=1Wd1BRub>

### Literacy activity

Write a letter to your new teachers at secondary school telling them all about you!



### Gratitude trees

What have you been grateful for whilst you've been learning from home? This might be a person, an animal, an object or a place. Create a gratitude tree using sticks you may find outside at home. Add labels to it which explain what you are thankful for.