

AUTUMN WINTER 2022 - 2023 MENU

	WEEK 1 31.10.22, 21.11.22, 12.12.22, 04.01.23, 23.01.23, 13.02.23, 13.03.23, 03.04.23						WEEK 2 7.11.22, 28.11.22, 09.01.23, 30.01.23, 27.02.23, 20.03.23						WEEK 3 14.11.22, 5.12.22, 19.12.22, 16.01.23, 06.02.23, 06.03.23, 27.03.23				
	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Homemade Pizza	Chicken and Vegetable Casserole with Dumplings	Roast Gammon	Homemade Mince Pie	Fish Fingers		Oven Baked Sausages	Spaghetti Bolognese	Roast Beef and Yorkshire Pudding	Corned Beef Pie	Oven Baked Fish		Meatballs in Tomoto Sauce with Spaghetti	Mince and Dumpling	Roast Turkey	Creamy Chicken Pasta	Fish Fingers
	Pasta with Tomato and Basil Sauce	Cheese and Vegetable Bake	Vegetable Cottage Pie	Chickpea and Vegetable Curry	Homemade Mac'n'Cheese		Roasted Vegetable Quiche	Cheese and Red Onion Pasty	Calzone	Spicy Tomato Pasta	Creamy Vegetable Pie		Vegetable Chilli with Rice	Roasted Vegetable Lasagne	Cheese and Potato Lattice Pie	Stromboli	Roasted Vegetable Curry
	Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches		Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches		Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches	Full Salad Bar/ Selection of Sandwiches
	Wedges	Creamed Potato	Roasties	Steamed Potato	Chips		Creamed Potato	Steamed Potato	Baby Roast Potato	Creamed Potato	Wedges		Creamed Potato	Steamed Potato	Oven Baked Roasties	Oven Baked Wedges	Oven Baked Chips
	Garlic Bread	Bread	Cheese Bread	Herb Bread	50/50 Bread		Cheese Bread	Tomato Bread	Bread	Garlic Bread	Flat Bread		Garlic Bread	Bread	Tomato Bread	Herb Bread	Bread
	Baked Beans	Carrots	Swede	Mixed Veg	Garden Peas		Carrots	Baked Beans	Swede	Carrots	Peas		Carrots	Swede	Carrots	Garden Peas	Mushy Peas
	Mixed Veg	Sweetcorn	Peas	Cauliflower	Carrots		Peas	Broccoli	Green Beans	Sweetcorn	Mixed Veg		Sweetcorn	Mixed Veg	Green Beans	Baked Beans	Cauliflower
	Apple Muffin	Steamed Marble Sponge with Custard	Chocolate chip Cookie	Syrup Sponge with Custard	Jam Roly Poly and Custard		Chocolate Cake with Chocolate sauce	Bakewell Tart and Custard	Jelly and Mousse	Ginger Pudding and Custard	Rice Pudding and Fruit		Chocolate Muffin	Flapjack	Lemon Sponge and Custard	Decorated Fruit Cupcake	Ice cream and Toffee Sauce

Milk and Water Available Daily

Menu can be subject to change at short notice