



Personal Development at  
Golden Flatts



Nurturing hearts, inspiring minds:  
changing futures

## Ethos

Golden Flatts, our ethos is to ensure our school is a welcoming place where everyone is valued and works in partnership, sharing high expectations and taking collective responsibility for the needs of our pupils.

Through this ethos we will meet the diverse needs of our community in a sensitive, caring and respectful manner, providing a safe and stimulating environment where friendship, trust and understanding are nurtured.

We strive to ensure that each child has the opportunity to fulfil their potential. In order to do this we will provide a broad and balanced curriculum which encompasses every aspect of school life, raising standards and celebrating the achievements of all.

## A Golden Flatts Child is.....

.... A happy child who understands the importance of hard work and determination. They show resilience and don't give up when something is difficult at first. They are able to articulate themselves and can use language well to explain how they feel, what they think and are confident to have reciprocal, effective conversations with a wide range of people. They understand that their voice matters and so does everyone else's. They show tolerance and respect towards other people and value other people's opinions. They expect other people to show respect and tolerance towards them. A Golden Flatts child is kind towards people in their school family and community. They accept help and support from others and in turn give help and support to others. They show empathy and care towards others and understand that they can make a difference in other people's lives and in the wider world. A Golden Flatts child knows how to keep themselves safe in both the online and offline world and they understand who to get help from if things have gone wrong. They are ready to move into the secondary stage of their education and have aspirations for their future career/education beyond secondary school.

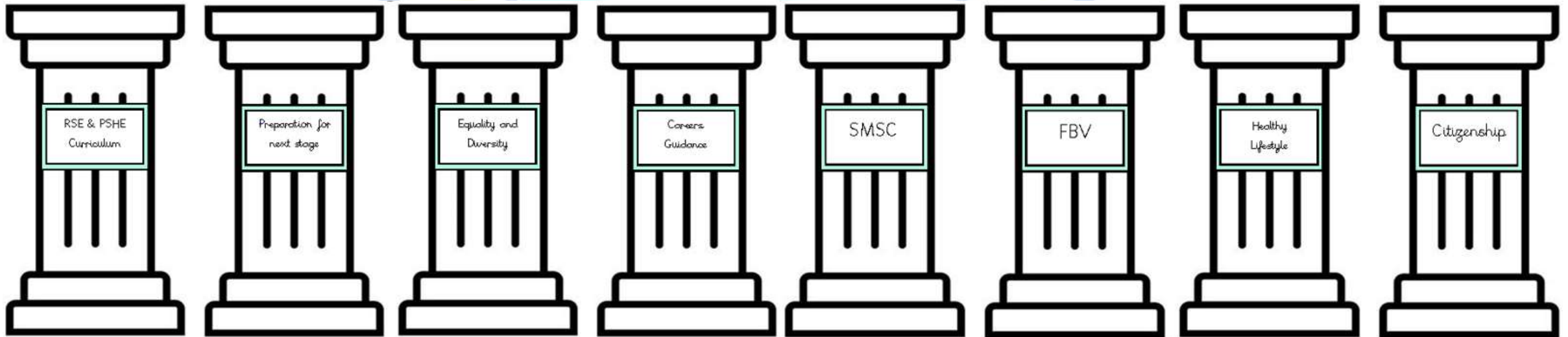
Our personal development offer is strategically mapped out across the early years and primary years to ensure that our children develop into responsible, respectful citizens who are able to contribute to society in modern day Britain. By instilling 6 key virtues, teaching the fundamental British values, teaching them how to be both physically and mentally healthy

We do this by

- Instilling 6 key virtues
- Teaching them about fundamental British values
- Teaching how to be physically and mentally healthy
- Teaching them how to have healthy relationships
- Promoting equality
- Enabling children to recognise danger and risk both online and offline
- Supporting their readiness for the next stage of their life.

# Pillars of Personal Development

At Golden Flatts Primary School, we aim to ensure our children have high aspirations and expectations of the next stage of their life. Through our Pillars of Personal Development, we aim to equip them to achieve their full potential by ensuring they are knowledgeable, respectful, hardworking, sensitive citizens who are able to succeed in modern day Britain due to being fully competent in our 6 School Virtues; respect, kindness, stickability, tolerance, calmness and courage.





1	2	3	4	5	6	7	8
RSE & PSHE Curriculum	Preparation for Next Stage	Equality and Diversity	Careers Guidance	SMSC	FBV	Healthy Lifestyle	Citizenship
<i>Mental Health and Behaviour Policy</i>							
<i>Virtues</i>							
<i>Protected Characteristics</i>							
...including RE Curriculum PSHE incl' RSE Assemblies Online safety (see audit) Fire safety Rail Safety Water Safety Dogs Trust - Safety Trips and Experiences Residential	...including Y6 Transition Next Class Transition Walking home license Librarians Play Leaders Reception Lunch Support Residential Support for Parents Transitions Character Development	...including Black History Month Carefully chosen key figures in art, assemblies science Diverse Festivals EAL policy Show racism the red card Additional racism unit in RE Windows and Mirrors books SEND/PP Sign Language lesson	...including Careers focussed curriculum map	...including RE curriculum Charity opportunities Trips and experiences Clubs Job roles Links with the church Assemblies	...including Assemblies FBV curriculum Picture News Staff code of conduct School council Eco Council Class votes	...including Nurture Accredited School Award PSA offer - Early help ELSA trained TAs Play therapist OPAL Mental Health Lead Competitions Sports day	...including Links with local business - litter picking Charity - Alice House Hospice Harvest- foodbank Christmas Hampers Dogs Trust - care PCSO - OPAL

# The Virtues of Golden Flatts Primary School

## Courage

We try our best even when it's tricky.

We ask for help.

We do the right thing even when it's tricky.

We believe in ourselves.

## Calmness

We take deep breaths and regulate ourselves.

We use a safe space respectfully.

We don't retaliate.

We ask for adult support.

## Tolerance

We understand everyone is different.

We include everyone.

We respect others' beliefs.

We accept people for who they are.

# The Virtues of Golden Flatts Primary School

## Kindness

We include others in our play.

We think about others' feelings.

We are supportive and positive.

We use kind words.

## Stickability

We don't give up and keep trying.

We are positive about ourselves.

We keep calm.

We ask for help respectfully.

## Respect

We listen when others are talking.

We use good manners.

We follow instructions.

We look after our own and school property.



# The Virtues of Golden Flatts Primary School

Golden Flatts Primary School

Long Term Teaching Sequence Plan **Mixed Age Curriculum**

PSHE

	Autumn 1 Courage	Autumn 2 Tolerance	Spring 1 Stickability	Spring 2 Calmness	Summer 1 Respect	Summer 2 Kindness
Y1/2 A	Being me in my world – School adapted unit	Celebrating differences Y1	Dreams and Goals - School adapted unit	Healthy Me Y1	Relationships - School adapted unit	Changing Me - Y1
Y1/2 B	Being me in my world – School adapted unit	Celebrating differences Y2	Dreams and Goals - School adapted unit	Healthy Me Y2	Relationships - School adapted unit	Changing Me - Y2
Y3/4 A	Being me in my world – School adapted unit	Celebrating differences Y3	Dreams and Goals - School adapted unit	Healthy Me Y3	Relationships Y3	Changing Me - -Y3
Y3/4 B	Being me in my world – School adapted unit	Celebrating differences Y4	Dreams and Goals - School adapted unit	Healthy Me Y4	Relationships Y4	Changing Me - School adapted unit
Y5/6 A	Being me in my world – School adapted unit	Celebrating differences Y5	Dreams and Goals - Y5	Healthy Me Y5	Relationships Y5	Changing Me - Y5
Y5/6 B	Being me in my world – School adapted unit	Celebrating differences Y6	Dreams and Goals - Y6	Healthy Me Y6	Relationships Y6	Changing Me - School adapted unit

# The Virtues of Golden Flatts Primary School

Star of the week demonstrates the impact of the assemblies, book spine and curriculum over a half term period. This is then added to the pillars/virtues display to support children to remember over time.



# The Virtues of Golden Flatts Primary School

## Virtues Book Spine

Our Virtues Book Spine is designed to support us to understand and develop in the 6 virtues of;

Respect  
Kindness  
Stickability  
Tolerance  
Calmness  
Courage

Through the safety of stories we are able to experience wide and diverse contexts that we otherwise may never encounter or even think about. It is through this variety we get to reflect on our own thoughts and actions and create a blueprint for how we might think and act in the future.

Each half term we will concentrate on one of the six virtues to match our PSHE Curriculum and Assemblies:

Autumn 1: Courage

Spring 1: Stickability

Summer 1: Respect

Autumn 2: Tolerance

Spring 2: Calmness

Summer 2: Kindness



# The Virtues of Golden Flatts Primary School

	Kindness	Respect	Stickability	Calmness	Tolerance	Courage
Early Years A						
Early Years B						
Year 1/2 A						
Year 1/2 B						
Year 3/4 A						
Year 3/4 B						
Year 5/6 A						
Year 5/6 B						





# The Virtues of Golden Flatts Primary School

## Progression

Virtue	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Respect	Tidy your own toys away.	Respect other children's space.	Line up quietly and sensibly respecting other children's space.	Resect school property buy putting it away sensibly and helping others to do the same.	Listen to others when they are speaking.	Treat others how you want to be treated.	Take responsibility and have pride in your own appearance including work.	Respect and be considerate of other people's beliefs.
Courage	Having a go at different activities	Have a go at activities rather than waiting for an adult to lead these	Speak out if there is problem	Attend an after-school club	Share my successes with others.	Attend a sport competition away from site.	Speak up if something is unjust.	Attend a multi-day residential.
Kindness	Say thank you	Say please and tank you	Smile at each other	Make sure everyone has a friend to play with	Make sure everyone has their fair share	Be helpful to each other and members of staff	Think about how others feel.	Recognise when others need help and support them with kindness and empathy.
Stickability	Try before asking you teacher for help	Put your own coat on and try to zip it up before asking for help	Complete a simple task unaided and without need for reassurance	If you encounter a people try and self-solve it, for example a broken pencil	Seek resources to improve your work before asking for help	Try anything before giving up and using a range of strategies before asking the teacher for help. "I can't" is not used	Tackle multi step task and investigation without need for support	Tackle open ended task and investigations without need for support
Calmness	I can ask for help when I need it.	I can recognise simple feelings	I will recognise when myself or others are not calm	I will take deep breaths when I need to calm down	To use the safe space correctly in class	I will use the tools in school correctly to help stay calm	To walk away from a situation that is upsetting me	I can help support others appropriately to remain calm
Tolerance	I can play alongside one other peers	I can play alongside and with a group of peers	I use positive words to describe people	I can accept that other people may have different opinions and try to understand them	I can identify bullying behaviours and tell an adult if I think someone is bullying	I can identify the protected characteristics and why they are important	I can speak up if someone is being intolerant	I can identify, appreciate and enjoy other people for their differences

# Use of Social Media to promote school agenda

	Kindness	Respect	Stickability	Calmness	Tolerance	Courage
Early Years A						
Early Years B						
Year 1/2 A						
Year 1/2 B						
Year 3/4 A						
Year 3/4 B						
Year 5/6 A						
Year 5/6 B						

Golden Flatts Primary School  
8 Apr · 🌐

Last term we focussed a lot on our school virtues and what they mean. In our assemblies we identified how we could show each of the virtues. Each half term we will be focusing in particular on one virtue and after the Easter holidays it will be the virtue of 'respect'. ❤️ Please have a chat with your child about the virtues and what they mean to them 😊

**Respect**  
We listen when others are talking.  
We use good manners.  
We follow instructions.

**Tolerance**  
We understand everyone is different.  
We include everyone.

**Stickability**  
I won't give up and I'll try again.  
I will persevere.

**Kindness**  
We include others in our play.  
We look after others.

**+2**

[See insights and ads](#) [Boost post](#)

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Golden Flatts Primary School  
1 h · 🌐

Well done to our certificate winners this week. Our stars of the week have all demonstrated our virtue of respect - well done 🌟

[See insights and ads](#) [Boost post](#)

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👍👍 14



# Protected Characteristics Book Spine

Golden Flatts Protected Characteristics Book Spine

	Age	Disability	Gender Reassignment	Marriage or Civil Partnership	Pregnancy and Maternity	Race	Religion or belief	Sex	Sexual Orientation
Early Years									
Year 1 & 2									
Year 3 & 4									
Year 5 & 6									

